

# Construction of Chinese National Community from the Perspective of Social Psychology

Peng MA, Jing LI\*

Center for Studies of Ethnic Groups in Northwest China of Lanzhou University, Lanzhou, 730020 Gansu, China

\*Corresponding Author

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**Abstract:** In essence, Chinese national community consciousness is a kind of group identity consciousness, which has its special psychological form and content. The degree of Chinese national community identity is related to national unity, national unity and social stability. As a unique social representation of Chinese nation, the construction of Chinese national community identity needs forging the community identity of Chinese nation's historical destiny, high-quality development of national work and great rejuvenation of Chinese nation. To build a strong sense of the Chinese nation community, we must adhere to the recognition of the great motherland, the Chinese nation and the Chinese culture, and promote exchanges and integration among all ethnic groups. However, social and psychological factors affect national exchanges and blending. Only with psychological blending can community consciousness be produced. Exploring the social psychological path and strategy and developing the research approach of cultivating the consciousness of Chinese national community from the perspective of social psychology have important theoretical and practical significance for the establishment of national unity and progress in China.

## 1. Introduction

The Chinese nation community is people's cognition and reflection of its ontology. Promoting exchanges and blending among all ethnic groups and actively cultivating the Chinese nation's sense of community are the thinking basis for maintaining national unity and the inevitable requirement for realizing the great rejuvenation of the Chinese nation. Constructing the social psychological mechanism of the Chinese nation's community consciousness is conducive to strengthening the communication and blending of all ethnic groups. In the cultivation of the Chinese nation's community consciousness, it is necessary to enhance the historical and emotional cognition of the people of all ethnic groups to the national culture and Chinese culture, and promote mutual understanding and trust among ethnic groups.

Community identity is the fundamental guarantee for building a strong sense of community of the Chinese nation. Establishing friendly ethnic relations and promoting national unity, and giving full play to the psychosocial service function of social psychology are very important for promoting the construction of the Chinese nation community. In the new era, building a strong sense of the Chinese national community is an important way to solve national problems and realize national unity from the spiritual level, which needs more in-depth theoretical exploration and more solid academic support. Exploring the common consciousness of the Chinese nation from the perspective of social psychology is a realistic subject and important task of national governance. Grasp the characteristics of the Chinese nation's community, reveal the psychological origin of the Chinese nation's community consciousness, and better understand the systematicness, objectivity and stability of the occurrence and development of the Chinese nation's community consciousness. It is of enlightening significance to explore the practical path of the Chinese nation's community consciousness.

## **2. Connotation and Importance of the Construction of the Chinese National Community**

The core of the consciousness of the Chinese nation community is the problem of identity, and its basic structure is pluralism and integration. The consciousness structure of the Chinese national community can be composed of three-level systems: collective subconsciousness, attribute consciousness and aggregation consciousness. In addition to the common group affiliation, the community also has the deep connotation of interest correlation, blood connection and common destiny. In the process of jointly developing and building China's unified country, the Chinese people of all ethnic groups have deepened the interdependence of all ethnic groups, promoted the social integration of all ethnic groups, and further strengthened the multidimensional ties of the Chinese family.

The consciousness of Chinese national community is the consciousness of the broad masses of people of all ethnic groups to build and share Chinese culture. The consciousness of Chinese national community emphasizes the macro vision of the cultivation of Chinese national community consciousness, and constantly exchanges and blends with each other to deepen the interdependence, thus gradually forming a sense of identity of the Chinese nation as an organic whole. The Chinese nation, as a community of national interests, has jointly built the People's Republic of China. Forging the identity of the community with a historical destiny of the Chinese nation is an effective political resource to further integrate national strength and promote national development, an ideological basis for safeguarding national unity and promoting national unity, and an inevitable requirement for the great rejuvenation of the Chinese nation. Adhering to the identity of Chinese culture inevitably requires deepening the understanding and understanding of Chinese culture in order to cultivate the sense of identity of the Chinese national community.

## **3. The Construction of the Chinese Nation Community under Social Psychology**

In the research of social psychology, the social interaction of ethnic communication includes three components: communication, interpersonal attraction and interpersonal relationship. All interpersonal communication is collective cognition, that is, social representation is the premise. External social representation is organic, which incorporate the original social representation to form a new social representation. The social representation of the Chinese national community has three typical elements: social sharing and group differences, social roots and behavior explanation, relative stability and long-term dynamics. The collective subconsciousness of the Chinese national community is people's cognition and reflection of the thing-in-itself of the Chinese national community, and it is the process of the formation, development and evolution of the Chinese national community. In the final analysis, the three-level progressive process of ethnic communication and blending is the process of how to make members of all ethnic groups produce positive cognition, positive emotion and positive behavior towards members of other ethnic groups.

The collective subconsciousness of the Chinese nation embodies the historical memory and common narrative of the Chinese nation, and the community consciousness of the Chinese nation, as a unique social representation of the Chinese nation, is formed by the continuous fusion of different ideas in the exchanges and blending of various ethnic groups. However, the psychological communication and blending among members of all ethnic groups can adjust individual members' psychological cognitive processing and psychological generation process of what is the Chinese nation community. Members of different nationalities are familiar with each other's national culture and close to their living environment, which is more conducive to establishing good communication among members of different nationalities and achieving interpersonal attraction between them. This involves communication needs and motivation, communication cognition, communication emotion, communication intention and communication behavior. Building the cornerstone and bottom line of the Chinese nation's community consciousness constitutes another important dimension in the structure of the Chinese nation's community consciousness. The "Chinese nation community" emphasizes the integrity of the spiritual deposits at the bottom of this group's mind, that is, the Chinese nation is a community.

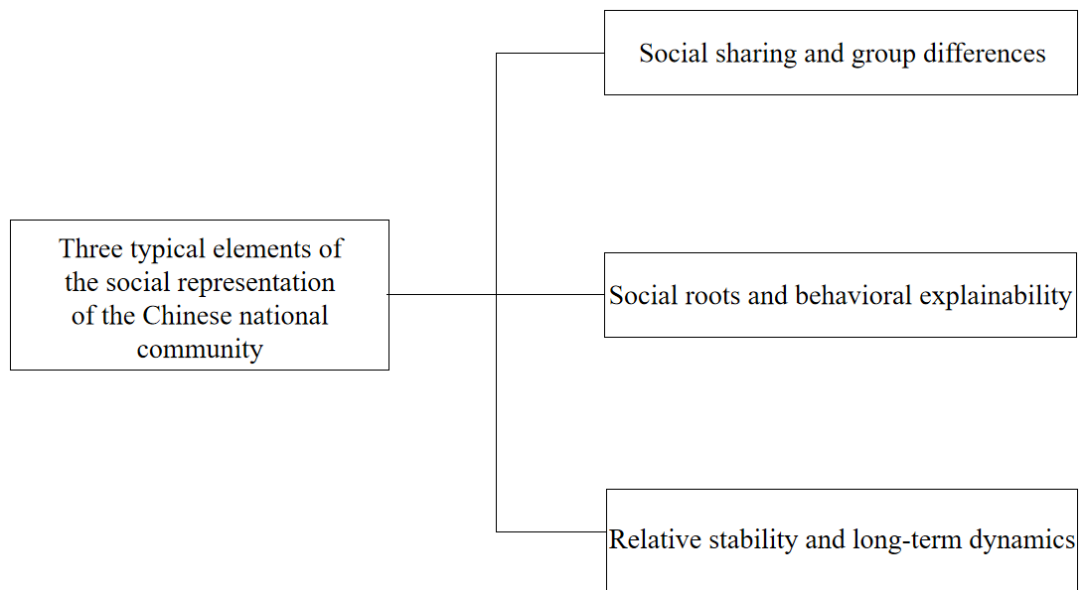


Fig.1 Three Typical Elements of the Social Representation of the Chinese National Community

#### 4. Promote the Construction of the Chinese National Community

To promote the construction of the Chinese national community, ethnic minority members should actively learn the Han language and culture, build an effective communication bridge among ethnic members, and promote the development of positive ethnic relations. Strengthen the cultural identity of the Chinese nation, enhance the emotional cognition of the people of all ethnic groups on the history, culture and community of the Chinese nation, earnestly strengthen the research of Chinese ethnology, and provide theoretical confidence for the identity of the Chinese nation community. The construction of the conscious discourse system of the Chinese national community should attach importance to the theory and method of absorbing psychological identity field and cultural psychological field, and effectively acquire the basic cognition, attitude and behavior intention of members of all ethnic groups towards the Chinese national community with shared values. Enhance the appeal of the socialist core value system in an all-round way, strive to create a social atmosphere in which the socialist core value system is practiced, and point out the direction for the future ethnic work to be better accepted and recognized by the public.

From the perspective of the modernization of the national governance system and governance capacity, strengthen national contact and interaction, enhance national understanding and eliminate national prejudice, and promote national integration and the identity of the Chinese national community. Accelerate the economic and social development of ethnic minority areas, enable the people of all ethnic groups to share the fruits of reform and development, constantly adjust and improve the governance model of China's ethnic affairs, and win the strong support and high recognition of the national political community by the people of all ethnic groups. Only by building the community consciousness of the Chinese nation can we effectively enhance the conscious recognition of the Chinese nation by all ethnic groups. Based on the social psychology and behavior rules of groups or individuals, we will build social psychological harmony, consolidate the ideological foundation of national unity and progress in China, and promote the Chinese nation to become a community of destiny with higher recognition and stronger cohesion.

#### 5. Conclusions

To sum up, the construction of the sense of identity of the Chinese nation community is conducive to the integration of national identity and national identity, the integration of the common interests of all ethnic groups in China, and the construction of a common spiritual home for all ethnic groups. To promote ethnic exchanges and integration, we need to strengthen the bilingual

education between Chinese and foreigners, build effective communication bridges, promote interpersonal attraction and build harmonious ethnic relations based on the social and psychological mechanism of ethnic exchanges. National communication and blending are influenced by various elements of national psychological structure. Social psychology focuses on the relationship and influence between people, the impact of society on individuals and social groups. The cultivation of China's national community consciousness should cultivate national identity on the basis of community community consciousness, and promote the communication and blending of all ethnic groups through the construction of inter-ethnic communities. Ethnic communication is the foundation of the formation of ethnic relations, and the community identity of the Chinese nation's destiny is the core content of the community identity of the Chinese nation. Ethnic communication and blending is based on ethnic communication psychology. Ethnic members adopt certain cultural adaptation strategies to make inter-group contact and social interaction. The way and content of ethnic communication, as well as some relatively stable psychological factors, will have a certain impact on the formation and development of ethnic relations.

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